

### FOUNDATION TRAINEE STATUS REPORT 2017 – 2018

#### Background

This report is based on a national Career Destinations Survey sent to all F2s at the end of their programme. 2018 was the first year the Peninsula Foundation School used the national online survey tool to collect the data. The data has been anonymised and sent by the national team which has prevented us reporting at trust level and by specific locations.

#### F1 outcome

202 F1s started their training in the Peninsula in August 2017, of which 1 started their training less than full time.

All F1s were appointed to a two year training post. 195 (97%) were graduates from a UK medical school. 7 (3%) did not complete the programme. Table 1 shows the outcome by trust for F1s who started the year.

Table 1: Outcome for F1 starters in the Peninsula (by Trust)

	started the year	withdrew during the year	not signed off (time)	not signed off (competency)	Not signed off (LTFTW)
NDHT	22	-	-	1	1
PHT	57	-	1	-	-
RCHT	47	-	3	1	-
RDE	40	-	-	-	-
SDHT	36	-	-	-	-
	<b>202</b>	-	<b>3</b>	<b>3</b>	<b>1</b>

In addition to the above, 2 trainees completed F1 on a less than full time basis (LTFT) after their second year of training. 1 trainee is extending their training for a further 4 months after their second year of F1.

#### F2 outcome

199 F2s started training in the Peninsula in August 2017. 4 (2%) did not complete the programme.

Table 2: Outcome for F2 starters in the Peninsula (by Trust)

	started the year	withdrew during the year	not signed off (time)	not signed off (competency)	Not signed off (LTFTW)
NDHT	11	-	-	-	-
PHT	58	-	2	-	-
RCHT	53	-	-	-	-
RDE	38	-	1	-	-
SDHT	39	-	1	-	-
	<b>199</b>	-	<b>2</b>	<b>2</b>	-

In addition to the above, 5 other trainees completed the programme after an extension. 3 trainees returned from maternity leave and completed their foundation programmes. 1 trainee completed F2 on a less than full time basis after their second year of training. 3 trainees are out of the sync with the cohort and will finish their training in December 2018. 1 trainee on an extension was off on long term sick leave and has now been released from the programme

The F2 cohort in 2017/2018 consisted of 193 (97%) trainees in a 2-year foundation programme and 6 (3%) in a one year only F2 post. Graduates from UK medical school made up 100% of the 2 year programmes and 33% of the 1 year posts.

Table 3 shows the outcome by post type and medical school origin for F2s who started the year.

Table 3: Outcome for F2s by programme and UK/non-UK medical school

	Completed the year	withdrew during the year	not signed off (time)	not signed off (competency)	not signed off (LTFTW)
<b>In 2 year programme</b>	<b>189</b>	-	<b>2</b>	<b>2</b>	-
<i>UK med school graduate</i>	189	-	2	2	-
<i>non UK med school graduate</i>	-	-	-	-	-
<b>In 1 year F2 post</b>	<b>6</b>	-	-	-	-
<i>UK med school graduate</i>	2	-	-	-	-
<i>non UK med school graduate</i>	4	-	-	-	-

## Employment Outcome for Peninsula F2s

### General outcome

195 (98%) of F2s who started in August 2017 were signed off from the programme in 2018. In addition to the trainees detailed above in Tables 2 and 3, there were 8 trainees who started training prior to August 2017, completing an extension to their training programme. All 8 trainees and an additional LTFT trainee completed the programme, which means the total number of F2s signed off in 2018 was 204. The 9 trainees who did not start in August 2017 were not asked to complete the survey due to them completing their programme out of sync with the national online survey so their outcomes are unknown and have been omitted from the rest of the report.

The information collected at the time of the survey indicates that 19% secured a specialty training post, 5% went abroad to work, 12% have taken a career break and 27% secured a service post in the UK. 18% of trainees were classified as "Other", which includes activities such as postgraduate study, clinical fellowship posts, locum posts in the UK and abroad, leaving the profession, military deployment and deciding on a career. 18% did not yet have a post of which 49% were still seeking employment in the UK and 51% outside the UK.

In total 62 (32%) F2s applied for speciality training, with 48 posts being offered. Of the 14 unsuccessful F2s, 6 were appointed to a service post in the UK, 2 have taken a further course of study, 1 has taken a career break, 2 have been appointed to a clinical fellowship post, 1 has left medicine and 2 are still seeking employment in the UK. From the 48 posts offered, 37 F2s accepted: of the 11 F2s who declined the offer, 3 have been appointed to a service post, 3 decided to take a career break, 1 accepted a deferred entry to have a career break to travel, 1 have taken up a locum post and 3 are still seeking employment in the UK,

Of the 68% that did not apply for specialty training 2018 there were varied reasons for this choice and the most common are shown below:

- Wanted a break from training (47)
- Undecided on a career (28)
- Wanted more experience (22)
- Work abroad (21)

The employment outcome by programme type and medical school is shown in table 4.

Table 4: Employment outcome for F2s by programme and medical school

	Specialty training	Gone abroad to work	Career break	UK Service post	Not in post	Other	Unknown	TOTAL
2 yr programme	34	9	24	49	35	36	2	189
<i>UK medical graduate</i>	34	9	24	49	35	36	2	189
<i>Non-UK medical graduate</i>	-	-	-	-	-	-	-	-
1 yr F2 post	3	-	-	3	-	-	-	6
<i>UK medical graduate</i>	1	-	-	1	-	-	-	2
<i>Non-UK medical graduate</i>	2	-	-	2	-	-	-	4
	37	9	24	52	35	36	2	195

#### Outcome by specialty

The most popular specialty overall was GP with 30%. The numbers of F2s securing a post are shown by specialty and F2 programme type in table 7 below.

Table 7: Employment outcome for F2s by specialty and destination

	Speciality Training		TOTAL
	1 year	2 year	
<b>ACCS</b>	<b>1</b>	<b>3</b>	<b>4</b>
<b>Academic Clinical fellowship</b>		<b>1</b>	<b>1</b>
<b>Clinical Radiology</b>		<b>1</b>	<b>1</b>
<b>Chemical Pathology</b>		<b>1</b>	<b>1</b>
<b>Core Medical Training</b>		<b>4</b>	<b>4</b>
<b>Core Psychiatry Training</b>		<b>3</b>	<b>3</b>
<b>Core Surgical Training</b>		<b>5</b>	<b>5</b>
<b>General Practice</b>	<b>1</b>	<b>10</b>	<b>11</b>
<b>Neurosurgery</b>		<b>1</b>	<b>1</b>
<b>Obstetrics &amp; Gynaecology</b>		<b>2</b>	<b>2</b>
<b>Ophthalmology</b>	<b>1</b>	<b>1</b>	<b>2</b>
<b>Paediatrics</b>		<b>2</b>	<b>2</b>
<b>TOTAL</b>	<b>3</b>	<b>34</b>	<b>37</b>

### Comparisons with previous years' outcomes

The proportion of trainees going straight into a specialty training post has fallen for the 7<sup>th</sup> consecutive year from 63% in 2011 to 19%. This figure has fallen by 18% in the last year from 37% in 2017 – 19% in 2018. This is the lowest recorded proportion of F2s going into specialty training since the report started in 2011. The proportion of trainees not securing a post in the UK or abroad has risen again this year from 15% to 18%; the proportion of trainees being appointed to a service post in the UK has risen from 16 to 27%. The proportion applying unsuccessfully for specialty training (23%) is the highest it has ever been. This could be due to the lower number of trainees applying for specialty training this year.

The main categories for comparison are shown in Table 8.

Table 8: Comparing the data of cohorts from 2012 - 2018

	<b>2012/2013</b>	<b>2013/2014</b>	<b>2014/2015</b>	<b>2015/2016</b>	<b>2016/2017</b>	<b>2017/2018</b>
<i>F1 withdrawal from post</i>	0% (0)	1% (2)	0.5% (1)	2% (4)	0% (0)	0% (0)
<i>F1 not signed off (time)</i>	2% (4)	0.5% (1)	1% (2)	1% (2)	1% (2)	1% (3)
<i>F1 not signed off (competency)</i>	1.5% (3)	0.5% (1)	2% (4)	1% (2)	1% (2)	1% (3)
<i>F2 withdrawal from post</i>	0.5% (1)	0% (0)	0	1% (2)	2% (3)	0% (0)
<i>F2 not signed off (time)</i>	1% (2)	2% (3)	1.5% (3)	0.5% (1)	2% (3)	1% (2)

	2012/2013	2013/2014	2014/2015	2015/2016	2016/2017	2017/2018
<i>F2 not signed off (competency)</i>	3.7% (7)	0% (0)	1.5% (3)	1.5% (3)	2% (4)	1% (2)
<i>Securing an ST post (% of those signed off)</i>	54%	42%	41%	39%	37%	19%
<i>Applied for ST but not appointed</i>	10 (9%)	17 (17%)	17 (16%)	17 (17%)	11 (12%)	14 (23%)
<i>Going abroad</i>	8%	8%	9%	8%	4%	5%
<i>Service post in UK</i>	10%	13%	19%	22%	16%	27%
<i>“Other” employment after F2</i>	3%	7%	5%	8%	8%	18%
<i>Career Break</i>	11%	10%	11%	12%	17%	12%
<i>Not working</i>	13%	19%	15%	10%	15%	18%
<i>% of all trainees in ST posts remaining in the Peninsula for ST</i>	60%	66%	67%	45%	51%	Not known for 2018

### Summary and commentary

Many outcomes of the Peninsula foundation trainees in 2018 are broadly similar to previous years; however there have been a couple of changes that should be noted.

The proportion of trainees going straight into specialty training has shown a steady decrease from 65% in 2008 to 37% in 2017. However, in 2018 there has been a fall to only 19% of Peninsula F2s securing a specialty training post. This could be explained by the lower number of trainees applying to specialty training (50% in 2017 – 32% in 2018).

Of the F2s who applied for specialty training 77% were offered a post. 71% of trainees who were offered a post accepted it but 11 trainees declined the offer due to accepting a service or locum post, taking a career break, or deferring their post for a year. 3 trainees who declined an offer are still seeking employment which suggests the offer was not their preferred choice.

The proportion of F2s being appointed to a service post has risen from last year (16% in 2017 – 27% in 2018) where the proportion of F2s taking a career break has fallen in 2018 (17% in 2017- 12% in 2018).

For the F2s who did not apply for specialty training 35% wanted a break from training and 21% were undecided on a career.

The most popular specialty amongst trainees securing specialty posts was GP (30%) which is consistent with previous years.

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