

F2 GP Supervisors Development Day Exeter 11th September 2018 – Evaluation Report

Introduction

The GP development day is an annual half day event hosted by the Peninsula Foundation School for F2 supervisors in General Practice, and delivered in two venues. The Exeter session was held at the Devon Hotel and delivered by Sarah Rawlinson, Head of Peninsula Foundation School and David Hopes, Associate Dean and Training Programme Director. The aims of the event were to enable GP supervisors to share experiences, build on their knowledge and skills as educationalists and receive feedback and an update from the Foundation school. 21 GP F2 supervisors from across the Peninsula attended the event.

Agenda

There was no formal agenda for the day but the session followed the programme below:

- Presentation on F2 Career Paths and outcomes and Foundation School update by Sarah Rawlinson
- Consultation Analysis and teaching consultation skills (video and discussion) by David Hopes
- Resilience training

Evaluation from supervisors

After the event, supervisors were asked to complete an evaluation form, 21 (100%) completed forms were returned. Attendees were asked 5 questions and their responses indicated that, as a result of the event (one delegate did not answer these questions):

90% said they have identified the successes of and challenges to supervision for foundation year doctors.

85% have developed their ideas on the best practice of supervision, based on the experience of the group.

75% have identified and developed their competence in one area of supervision.

75% have identified areas for further development.

100% are aware of the current developments affecting the foundation years programme

The supervisors were asked to rate particular aspects of the event as “poor”, “average”, “very good” or “excellent”.

Course content was rated as excellent by 25%, and very good by 55%.

Course style was rated as excellent by 30% and very good by 70%.

Course venue was rated as excellent by 30% and very good by 65%.

The supervisors were asked 'What did you find most beneficial to you?' and their comments are shown below:

- GP Education part would be good to have more
- Meeting those who are in charge of F2 programme so know who to contact
- Benchmarking & update on Foundation Programme
- Good convenient venue
- The resilience session and video
- Both the state of the nation and David's whiz through helpful
- How to give feedback & consultation models
- Latest developments and plans in F2
- Consultation styles and resilience
- Both the talks on F2 strategies, aims, concerns and expectation & resilience too.
- Discussion re feedback/consultation analysis
- Benchmarking
- I would have liked more discussion about the assessment process
- Interesting to know about F2 careers/destinations. Great Q & A re F2 training
- Really useful update. Good to chat to others. Good to feedback to Sarah re experiences and training
- Update on developments
- Resilience training. Informal chat
- Update on F2 career choices. Nice to meet other F2 trainers & discuss ideas for feedback
- Practicalities – update of changes
- Update on possible/proposed changes. Interesting dip into Resilience. GP training prospective. Always useful to watch brief consult video. Useful to be able to chat with training colleagues and compare styles/techniques etc.
- Statistics about F2 training
- Tips about training – by discussion with other trainers
- General update on supervision. Learning about movement towards joint working with Deanery/ GP trainers. Networking amongst other trainers
- Discussing the changes with the Foundation year programmes and how we may/may not link to GP training

The supervisors were asked to comment on how the day could be improved:

- Conducting workshops
- Breakfast not lunch
- Review real CBD mini CEX forms
- Small groups 6 – 8 person discussion to share experiences, challenges and answer questions re having F2s
- Focus on GP placements
- Providing a format of an ideal commitment time in primary care
- Could be a longer morning
- Perhaps a brief reminder of what the content of modules 1,2, & 3 was
- More time to allow the second half to be less rushed
- More specific about what we need to do to be more effective
- Would be good to have review/benchmarking re appointment lengths/level of supervision – every patient debrief or just problems. Ontract changes e.g. hours of work, rules re annual leave/study leave etc. Where to find this guidance

- Timekeeping
- Venue closer to Plymouth
- Educational session less rushed
- By feedback from proposed attendees asking for specific areas to be addressed
- More time spent on how to feedback to trainees who are having difficulties
- Benchmarking eg video of an assessment/F2 consultation/tutorial. Review of requirements.

Additional comments

- Good structure
- Thank you very much
- More sessions so more options to attend locally a bit too far to travel for half a day
- We discussed joining GP training events. In principle this is fine but would be great to still be able to attend some Foundation Specific updates
- Having F2 update training as part of GP training seems a better use of training time for those doing both and having the F2 training; as a standalone session a half day a year seems an appropriate update allowance
- Venue easily accessible
- Good time notice of the event to allow practice planning for attendance
- Support/thoughts on feedback is always helpful & useful to touch on resilience

Summary and recommendations

Most of the 21 GP Supervisors who attended the development event and completed the evaluation form rated the course content and style as very good or excellent. Most of the supervisors developed their ideas on the best practice of supervision based on the group and identified the successes of and challenges to supervision for foundation year doctors.

The evaluation confirms that the supervisors value the opportunity to meet each other, share their experiences, be updated and develop ideas.

The Foundation School will consider the following ideas when planning for future events:

- Looking at an alternative venue or more sessions
- Structure/timing of the event and or closer collaboration with the GP School

The evaluation indicates that this event was an effective way to meet the objectives of the Foundation School and to support the supervisors who are working with F2 doctors in General Practice. It also confirms there is a demand for similar development events in the future.

Suzanne Maddock
 Foundation School Administrator
 September 2018